



Breastfeed Orange NC

Breastfeeding-Friendly Books

We hope that this list of books depicting breastfeeding or feeding human milk is helpful. The books can be read to younger children; older children will enjoy reading them, too. Some suggested reading ages are included.

Books Can Show Breastfeeding As Part of a Story

All the World by Liz Garton Scanlon
Happy Birth Day! by Robie H. Harris and Michael Emberley
My New Baby by Rachel Fuller
The Best Gifts by Marsha Forchuk Skrypuch
Tucking In! (Just Like Me!) by Jess Stockham (board book, lift the flap)
We Have a Baby by Cathryn Falwell
Will There Be a Lap for Me? by Dorothy Corey (reading age 5-6 years)

Books Can Be About All Kinds of Animals Caring For and Feeding Their Young

Babies Nurse/Así se alimentan los bebés by Phoebe Fox (reading age 4-7 years)
Cuddled and Carried/Consentido y cargado by Dia L. Michels
If My Mom Were a Platypus: Mammal Babies and Their Mothers by Dia L. Michels (9-12 yrs)
Mama, Who Drinks Milk Like Me? by Melissa Panter
Mama's Milk/Mamá me alimenta by Michael Elsohn Ross
My Mama's Milk by Kawani AJ Brown
The World Is Full of Babies! by Mick Manning & Brita Granström (reading age 5-6 years)
Nos Gusta Amamantar/We Like to Nurse by Chia Martin
También A Nosotros Nos Gusta Amamantar/We Like to Nurse Too by Mary Young

Books Can Be All About Breastfeeding

Breastmilk Makes My Tummy Yummy by Cecilia Moen
Magical Milk by Nasheeda Pollard
Mama Feeds Me All the Colors: A Book of Breastfeeding by duopress labs
Mamá me alimenta con todos los colores: Un libro sobre la lactancia materna by duopress labs
Mama's Leche by Michelle Hackney
Milky Moments by Ellie Stoneley
This Milk Tastes Good! A Breastfeeding Nursery Rhyme by Chenniah Patrick
The Wonders of Mother's Milk by Mishawn Purnell-O'Neal (reading age 3-8 years)

Book Can Be For Parents Too

The Art of Breastfeeding published by La Leche League International